



# Tuckshop ..... 2019



<u>Big Lunch/First Break 11am</u>	<u>Cost</u>	<u>Please Note</u>	<u>Drinks available for both Breaks</u>	<u>Cost</u>
Pie	4.30.	<i>All salads come with cheese, tomato, lettuce and carrot</i>	Flavoured Milk: Chocolate/Strawberry L/F	2.50.
Pie <b>Gluten Free</b>	4.50.		Fruit Juice: Apple/Wildberry/Tropical 250ml	2.30.
Sausage Roll	3.30.		Fruit Juice: Apple/Orange 500ml	2.75.
Hot Dog	4.30.	<u>Monthly Specials: Meals</u>	Flavoured Water: Fruit Tingle N/A	3.50.
Chicken Chippies x 6	3.60.		Water	1.50.
Chicken Fillet Burger Plain	4.10.	\$5.00.	<u>Little Lunch / 2nd Break</u>	
Chicken Fillet & Cheese Burger	4.30.	Fruit Salad \$3.50	<b>Not available for First Break</b>	
Chicken Fillet Lettuce & Mayo Burger	4.40.	<u>Available First Break Weds &amp; Friday</u>	Muffins: : Dark Chocolate Chip	2.20.
Chicken Fillet & Salad Burger	5.10.		Lite Cheese and Biscuits (3) pack	2.20.
Fish Fillet Burger Plain	4.20.		<u>Ice Creams/Blocks</u>	
Fish Fillet & Cheese Burger	4.30.		<b>Not available for First Break</b>	
Fish Fillet Lettuce & Mayo Burger	4.50.		Water Ice : R'berry : Lemonade	1.25
Fish Fillet & Salad Burger	5.20.	Assistance in the Tuckshop is always welcome. Please contact Gail Brady(Tuckshop Convenor)	Life Savers :	2.20.
<u>h</u>		on : PH 0749362421	Billabong : Chocolate : Rainbow	1.60.
Gluten Free Bread Available			Dixie Cups	2.50.
Vegemite	2.00.		Milo Cups	2.70.
Cheese	3.00.	<u>Gluten Free Banana Muffins Ingredients</u>	<u>Snacks / Chips &amp; Shapes</u>	
Chicken Meat	4.40.	GF plain flour, coconut, baking powder, bi-carb	<b>Not available for First Break</b>	
Chicken Meat, Cheese / Tomato	4.50.	soda, bananas, coconut oil, eggs, honey, brown		
Chicken Meat & Salad	5.20.	sugar, cinnamon	Chips: 45gm Chicken : Salt & Vinegar : BBQ	1.60.
Ham	4.10.	<u>Muffins Ingredients</u>	Shapes: 75gm Pizza Shapes	1.70.
Ham & Cheese / Tomato	4.20.	SR Flour, Egg ,sugar,sunflower oil		
Ham & Salad	5.10.	milk, dark chocolate chips	Apple Slinkies (Red or Green)	1.10.







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